Purdy Elementary School May 2015



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|---|---|---|---|--|-----------------------------|
| 6/3 6/3 6/5 6/5 6/5 6/5 6/15 | Future Dates Third Grade to Int. C Market Day Pick-Up Purdy Pride Day 5th Grade Breakfast 10:15 Recognition Ass 11:50 Early Dismissal/I First Day of Summer | embly Last Day of Classes | | | 1 Purdy Pride Day 11:50 Dismissal Day Day 6 | 2 |
| 3 | 4 Box Top Competition Begins Day 7 | 5 Day 8 | 6 Market Day P/U 4:30-5:30 4th Grade Field Trip To Kutz Dairy Farm 8:15—1:30 AM Band/Orch. Rehearsal Day 9 | 7 PTO Flower Sale Pick-Up 7:30—8:30 AM 3:00—5:00 PM Day 10 | 8 Band/Orchestra Rehearsal Day 1 | 9 |
| 10 | 11 | 12 | 13 | 14 Band/Orchestra Rehearsal Box Top Competition Ends | 15 2015-2016 Kindergarten Welcome Day No Kindergarten Classes | 16 |
| 17 | Day 2 | Day 3 19 Band/Orchestra Rehearsal Band/Orchestra Concert @ FAHS 6:30 PM | Day 4 20 Big Buddy Day District 4th & 5th Grade Track Meet High School | Day 5 21 Orchestra Recruitment Day Board of Education Meeting—Luther | 22 2nd Grade to Milton House 8:15 AM to Noon 4th Grade to Buckskinners | 23 |
| 24 | Day 7 25 Memorial Day No School | PTO Meeting-6:30 Day 8 26 Hoard Museum History Essay Reception | Day 9 27 Dist. Safety Patrol Trip to Lake Geneva 8:05 AM-2:30 PM | 7:00 PM Day 10 28 1st Gr. To Mdsn. Zoo/ Aldo Leopold Ctr. Orchestra Rehearsal 8:15-9:30 AM Orchestra String Festiv al—H.S. | Day 1 29 Dwight Foster Public Library Summer Reading Presentation | 30 Jazz Di Pasta FAHS |
| 31 Boys and Girls Club "Wings and Wheels Fly-In Breakfast Fundraiser AM | Day 2 | Day 3 | Day 4 | 7:00 PM | Day 6 | |



П

PURDY PANTHER\$ PURDY ELEMENTARY \$CHOOL NEW\$LETTER

May 2015

П



4/30/2014

Dear Purdy Families,

Although the weather hasn't felt like spring, we certainly have had a packed start to the final quarter of the year! See what we've been up to and what's yet to come.

Recent News:

- Purdy students in grades 3-5 are in the heart of Badger Exam testing and will finish up May 4th. They have done an AMAZING job. Not only are the students working hard and doing their best, but the rest of the school is using their most quiet voices in the hallways to create the best testing environment for our students. We are so proud of all the hard work of everyone involved!
- Special congratulations to third grade teacher, Mary Lynn Vaillancourt, for being named the March Rotary Teacher of the Month and to band/orchestra teacher, Jessica Gary for being a Kohl Fellow Recipient. Both awards carry great prestige and accolades with them and these are two deserving educators that go above and beyond to help students succeed!
- ✓ The Purdy Arts Festival was held on Tuesday, April 22nd and was VERY well attended. Students showcased their work in both the visual and musical arts. It was great to see so many families come and celebrate all the great, hard work students have demonstrated this year. Thanks for coming!
- ✓ PTO held a successful spring book fair as well as sold Artist-in-Residence CD's. Any final orders for CD's should be sent to the office no later than Tuesday, May 5th.

Thank you to all the families that helped support these activities, which allows the PTO to fund unique and enriching activities for our students at Purdy!

Upcoming Events:

- ✓ Summer school information went home last week. Please be sure to see the information enclosed in this packet about the NEW AND IMPROVED classes and registration process! We are looking forward to a GREAT summer school program.
- √ Kindergarten Orientation will be on Friday, May 5th. Current kindergartners will not have school that day.
- ✓ May 20th will be the District fourth and fifth grade track meet at the High School. Read related information enclosed in this newsletter.

Looking forward,

Leigh Ann Scheuerell, Principal



FOR 2015-2016-NO PHOTOS IN SEPTEMBER

Parents please note that the school will again be taking school photos before the school year starts at two different times. The school will not have a scheduled date during the school year except for retakes. This change is helpful in reducing lost instruction time and involving parents to ensure the photos are just the way the parents like. Plan ahead for school photos on Registration Day on August 3rd and/or late August on Back to School Night.



BOY\$ & GIRL\$ CLUB NEW\$ Wing\$ & Wheel\$ Fly-In/ DRIVE-IN BREAKFA\$T

Sunday, May 31, 2015 8:00 AM — 12:00 PM. Fort Atkinson Municipal Airport

Featuring a traditional all you can eat country breakfast of French Toast, Jones Dairy Farm Sausage, Pure Maple Syrup, Coffee, Juice and Milk. This is cooked by Chef and CEO Philip Jones of Jones Dairy Farm!

Pilots will fly-in for breakfast with helicopters and airplanes on display with rides available for a fee. All proceeds will benefit the Boys and Girls Club of Fort Atkinson.

Boy: & Girl: Club Registration 2015-16 \$CHOOL YEAR

The Boys & Girls Club of Fort Atkinson will again be accepting registrations for club membership in May for the following school year. Members need to be a least 6 years old.

The Boys & Girls Club offers after school programming for club members from 3:00 – 6:00 p.m. Monday – Friday at Purdy Elementary School. On early release days, the program operates from 11:50 AM – 6:00 PM. Members are responsible for their own sack lunch.

Pre-registration for existing members is Tuesday, May 19th after school.

Daily program activities include: Sign In, Snack (club provided), Gym Games/Outdoor Time (weather dependent), Power Hour/ Homework Help, The Arts, Club Tech, Youth for Unity, and Science Club. The cost of membership is \$30 per child and includes a club t-shirt. Payment plans and scholarships are available for qualifying members and parents who can afford to pay extra will be asked for an additional contribution.

A waiting list will be created for interested members after the program capacity is reached.

Direct questions regarding club operations or membership to club director Alicia Norris at 920.728.4497, Luther site cell phone or via email at a.norris@bgcfortatkinson.org

SUMMER PROGRAM 2015

For the second year the Boys & Girls Club of Fort Atkinson is providing a wraparound program starting June 15th—August 21st starting at 7:30 AM—6:00 PM There will be a drop in from 2:00—6:00 PM for \$10.00 except for days for scheduled field trips.

We are allowing 60 elementary school summer memberships and for the second time, we are going to have 10 Junior Staff Memberships available.

All members must attend Summer School from June 15-July 22nd.

The Summer Programs include Gym Games, Outside Time, The Arts, Youth for Unity, Club Tech, Triple Play, Garden Club, Torch Club, Cooking Club, Field Trips and More!!

Summer applications available at Purdy Elementary (see Site staff), or online at www.bgcfortatkinson.org





DWIGHT FOSTER PUBLIC LIBRARY SUMMER READING PROGRAM

This summer, the Dwight Foster Public Library in Fort Atkinson will celebrate reading and all things science with the "EVERY HERO HAS A STORY!" summer reading program. Everyone is welcome to participate in our exciting and free program that will begin Monday, June 8 and end Saturday, July 25. Students in preschool through fifth grade will choose their own weekly reading goal and earn prizes as they read throughout the summer. entering middle school will complete libraryrelated activities and then continue reading for the chance to win a grand prize. In addition to the reading program, the library will offer free family-friendly performances including singer Stuart Stotts, Physics Show demonstrated by The Science Alliance and the Zoozart Live Animals Show. For more information about the summer reading program, visit the library's website at www.fortlibrary.org or call 920-563-7790. See you at the library!



MARKET DAY

Our next Market Day Pickup is May 6 at 4:30 p.m. If you ordered cookie dough or pizzas, please make plans to pick-up your order between 4:30—5:30. We will have one more pick-up on June 3rd and are making plans for one summer sale the end of July. Look for more details in next month's newsletter!

Thank you again to everyone that has supported Purdy Elementary through Market Day purchases. We have set a goal of \$3500.00 in profit for the Purdy PTO next school year. Your continued support is much appreciated. Remember 10% of every purchase comes directly back to our school and kids!



<u>VOLUNTEER</u> RECOGNITION DAY

This year Purdy staff and students recognized the contribution of 140+3 volunteers that have helped at Purdy Elementary! The theme this year is "WHOOO MAKES A DIFFERENCE? **VOLUNTEERS LIKE YOOOU!"** special bulletin board recognizes all volunteers. Those volunteers attending the Arts Festival were able to enter a drawing to win a Purdy Spirit Hanging Flower Basket. The winners were: Rachel Lehmann, Michelle De Mott and Amy 3 Oakley. Great students, great staff and GREAT VOLUNTEEERS make Purdy a areat school. Thanks again to those * "Whooo Make a Difference"!

ANTICIPATED STAFFING CHANGES

well as collapsing down first grade into two sections to accommodate the current two sections of kindergarten. In anticipation of this, we are in the process of creating the best teaching assignments to accommodate these changes for next year, and will be excited to share this with you soon.

LOST AND FOUND

Parents are encouraged to check the Lost and Found frequently (located on tables by Door 5). Previous Lost & Found items were donated to St. Vincent's. The remaining items will be donated just prior to summer school beginning.



PTO NEW\$

Proposed Board Positions

President: Maggie Messler
Vice President: Katie McIntyre
Secretary: Pam Gustin

Treasurer: Vacant

Treasurer position involves submitting a monthly report of expenditures and revenue, along with occasional deposit and payment of funds. Limited time commitment for anyone interested and can balance a check book. If you are interested in learning more about this position, please feel free to contact Maggie Messler or Heather Hartwig.

If you are interested in a position on the PTO Board, please contact Maggie Messler at (920) 728-0383 or magsmess@yahoo.com before May 19th, which is when board positions will be approved.

Committee Position available for 2015-2016!

Teacher Appreciation: A team of people to coordinate menu, donations, set up and clean-up of 3 meals provided to our wonderful team of teachers and staff over the course of the year (fall/spring conferences and end of the year lunch). A limited time commitment, perfect for either a stay-at-home or working parent.

Purdy Power Dollars: A team of people to help Justin with the marketing and financial management of proceeds brought in by this easy and wonderful fundraising opportunity.

Roller Blade Family Night: An individual or team of parents to coordinate the volunteers, concessions and advertisement of this fun, late-winter family event.

End of Year Picnic: A team of individuals to coordinate donations and set-up/clean-up of potluck picnic for families to gather and celebrate another success school year.

If you are interested in a chairperson position, please contact Maggie Messler at 920-728-0383 or magsmess@yahoo.com or attend the PTO meeting on May 19th.



END OF THE YEAR PICNIC

Last year, Purdy PTO hosted an end of the year potluck picnic to celebrate the retirement of Dr. Brietzke and welcome Mrs. Scheuerell to our school. It was a wonderful. easy event to gather families together, share some great food, and let the kids play on the playground systems and host a fun game of kickball. We'd like to make this an annual tradition, but need a team of parents to step up who would be willing to let families know of the event and coordinate the set-up of tables and supplies, as well as help with clean-up. If you would be interested in helping with this event, please contact Maggie Messler at 902-728-0383 or magsmess@yahoo.com. We need your support to help continue to provide great family opportunities at our school!



DISTRICT FOURTH AND FIFTH GRADE TRACK MEET ON MAY 20th

Parents are welcome to attend the track meet on May 20th at Fort Atkinson High School. Fourth grade will participate in the morning from 8:30 AM – 11:30 AM and fifth grade from 11:30 AM – 2:30 PM. Students should dress in layers. Shorts are strongly encouraged as it is hard to participate in long pants...even "wind pants." Students should bring tennis shoes, water, a healthy snack, extra clothing and sunscreen. (Rain date is Friday, May 22nd.)



ELEMENTARY \$CHOOL REGISTRATION AUGUST 3, 2015

All parents/guardians are required to register their children on Monday, August 3, 2015. Registration confirms attendance and helps make planning class sizes between the elementary schools in the District. Registration will be held at **Purdy** ı Elementaru School from 8:00 AM -7:00 PM. While these hours are long enough to accommodate evervone's I schedule, if a family is gone on vacation and cannot come they should call the school office (920-563-7822) and make alternative arrangements. Thank-you in advance for your cooperation.



SUMMER SCHOOL CLASS SIGN UP

Information about sign up went home with your child last Thursday. There are MANY new and exciting class offerings this year and it's sure to be a fun and interactive time for your child(ren). NEW THIS YEAR: stress sign up. If you sign up during priority registration, your child will be able to take the classes they want. Whether you sign up the first day of priority registration or the last day, we will be offering the number of sections needed for every child to aet that class! The priority registration window is April 27th—May 6th. Information can be found online at www.forstchools.org/ summer.



TORNADO AWARENESS

Just a reminder to parents, students practice for tornadoes in the spring by going to homeroom tornado shelters. Given the confusion of moving large numbers of people in a short amount of time, practice is important.

Parents should also know that students would be held in their respective tornado shelters if a tornado warning were in effect at dismissal time. Parents are strongly advised not to try to pick up their children at this time, as it is not safe outside. However, parents insisting on picking up their children would need to go on their own to the designated shelter. Purdy's 9 designated tornado shelter areas would be able to accommodate a limited number of parents if necessary.



PTO FLOWER SALE DELIVERY & PICK-UP PURDY GYM

Delivery/Organizing—May 6—3:30—4:30 PM Pick-Up—May 7th—7:30-8:30 AM & 3:00—5:00 PM



NOTICE TO PARENT(\$)/ GUARDIAN(\$) OF FOURTH GRADE \$TUDENT\$ FROM THE \$CHOOL NUR\$E OFFICE

The week of May 18, 2015, the school nurse office will be sending home with all fourth grade students a Student Physical Examination form and a Student Health History form. We encourage you to consider a physical exam for your child by the time he/she enters school next fall. Please check with your child to make sure you receive these forms. If you have any questions or concerns, please call the School Nurse Office at 563-7805.

THANK-YOU PURDY PATROLLER\$

On May 27, 2015 all Purdy Patrollers will attend a trip to Moose Falls, Lake Geneva. This is an indoor water park. This includes Safety and Peace Patrollers.



PROPOSED PURDY PTO BUDGET 2015-2016

\$ 16,150,00

\$ 16.150.00

INCOME

| 2014-2015 Carryover | \$ 4,000.00 |
|------------------------|----------------|
| Power Dollars | \$ 2,100.00 |
| Market Day | \$ 3,500.00 |
| Book Fair | \$ 500.00 |
| Photos | \$ 800.00 |
| Box Top Competitions | \$ 2,500.00 |
| Target | \$ 100.00 |
| Breakfast with Santa | \$ 700.00 |
| Best Seat in House | \$ 150.00 |
| Flower Sale | \$ 900.00 |
| Roller Blading Night | \$ 250.00 |
| Sal's Night Out | \$ 250.00 |
| Scoopie Night-Culver's | \$ 100.00 |
| Spirit Wear | \$ 300.00 |
| | |

EXPENSES

Total Expenses

Total Income

| 5 th Grade Breakfast/ Class Gift Homeroom Teachers' | \$ | 400.00 |
|--|------|----------|
| Supplies | \$ | 450.00 |
| Staff Appreciation/Lunch | \$ | 250.00 |
| Field Trips | \$ 5 | 00.000 |
| Artist in Residence | \$ 3 | 3,000.00 |
| District Track Meet | \$ | 100.00 |
| PBIS Student Incentives | \$ | 500.00 |
| Arts Festival | \$ | 100.00 |
| Purdy Patrol Trip | \$ | 600.00 |
| Small Playground Supplies | \$ | 500.00 |
| Playground Equipment | \$ 5 | 00.000 |
| Student Testing Snacks | \$ | 250.00 |
| Supplies | | |
| | | |

15-16 CLA\$\$E\$ BEING FORMED

Purdy teachers are busy forming classes for the 15-16 school year. This will be completed by early May. Class assignments will be noted on each child's report card. High priority is given to keeping a balanced class for each classroom. Research supports this approach and hence it's used at Purdy and schools elsewhere.

REGISTER NOW

KINDERGARTEN WELCOME DAY

FRIDAY, MAY 15, 2015

If you have a child who will be 5 years old before September 1st and have not registered yet, please call the school office at 920-563-7822 as soon as possible. Thank you.



NO SCHOOL FOR KINDERGARTEN ON MAY 15, 2015

Kindergarten parents should note that there is **no school** on **Friday, May 15, 2015.** This will allow the Kindergarten Welcome Day Program to operate.



2015-2016 KINDERGARTEN

With kindergarten call-in completed, 38 students are enrolled so far for kindergarten for the 15—16 school year. Traditionally numbers increase somewhat before the school year actually begins. Only two sections of kindergarten are anticipated.

GATE EXPLORATION EXHIBITION ROCKWELL ELEMENTARY \$CHOOL—GYM THUR\$DAY, MAY 21\$T 5:30—6:30 PM

The GATE Exploration Exhibition provides a forum for students to share topics that they've explored individually during 4th quarter. 3rd—5th grade students from all four elementary schools chose to learn indepth about a topic that excited their interest and curiosity. These students will be sharing their knowledge and expertise about a wide range of topics, as well as the twists and turns of the learning process. The Exhibition will be a celebration of curiosity!

WELCOME NEW \$TUDENT\$

Student Name

Grade

Nicholas Anderson

Early Childhood

\$

ALL FEE\$ AND BOOK\$ ARE DUE



All students and parents are reminded that all registration fees, field trip money and books are due by the end of school. Any outstanding fees or fines will result in carryovers into next year including the Middle School. Anyone feeling there is an error or cannot afford a total payment should contact either the main office or library desk.



SCHOOL LUNCH / BREAKFAST ACCOUNT

We have approximately 25 days of school left. Please make sure your child(ren) have enough money to cover till the end of the year. What money is remaining will be carried over to the next school year.

We will not allow students to charge a meal after Friday, May 22nd. Thank you for your cooperation.



PURDY PATROL OF THE MONTH

and Jasmin Quezada were treated to lunch at McDonalds along with other city Patrol Members of the Month.

We thank our Patrol students for continuing to keep our students safe.



MEDICATION REMINDER

If your child has medication (overthe-counter or prescription) at school, please stop by the office at the end of the school year and pick it up. Medication will be held until June 12, 2015. **Medication will be disposed of after June 12, 2015**. If you have any questions, please call the School Nurse Office at 563-7805.

PURDY ELEMENTARY SCHOOL 15-16 TENTATIVE CALENDAR Check Future Calendars for Updates or Changes

August

8:00 AM-7:00 PM 2015-16 Student Registration & **\$chool Photos**

24 All Teachers Report

TBD 6:00—7:30 PM Back-to-School Night &

School Photos

September

8:00 AM – School Begins
 Labor Day—No School
 Purdy Pride Day

October

TBD Purdy School Picture Re-take Day

2 Purdy Pride Day30 Fall Break

November

2 Prof. Development/Collaboration/Records Day—No School

Purdy Pride Day

TBD Veterans Day and Open House Visits12&17 Elementary Parent Teacher Conferences

25-27 No School - Thanksgiving Break

December

4 Purdy Pride Day

5 PTO Breakfast With Santa

10 K-5 Winter Holiday Concerts – High

School

6:00 PM Kind. & First Grade 6:50 PM Second & Third Grades 7:4 PM Fourth & Fifth Grades

22 Last Day of Classes before Break

23-31 Winter Break

2016

January

1-3 No Classes – Winter Break

4 Classes Resume8 Purdy Pride Day

15 End of Second Quarter

15 No School – Records Day

February

4&9 Elementary Parent Teacher Conferences

5 Purdy Pride Day

19 11:50 AM Early Dismissal-Professional

Development

March

4 Purdy Pride Day

18 Prof. Development/Collaboration/Records

21-25 Spring Break28 Classes Resume

April

Purdy Pride Day

May

6 Purdy Pride Day

6 Noon Dismissal—Professional

Development

30 No School – Memorial Day

June

3 Purdy Pride Day

7 8:15 AM Fifth Grade Breakfast

7 10:15 AM Purdy Recognition Assembly

7 Last Day of Classes—11:50 AM Dismissal

14 Summer School Begins

July

ı

4-5 Fourth of July Break

22 Last Day of Elementary Summer School



<u>PTO NEW\$</u> Mark Your Calendars!

Be informed and have a voice about our school. On **Tuesday, May 19th at 6:30 PM** the Purdy Parent-Teacher Organization (PTO) will be meeting to vote on the 2015-2016 Budget and Officers...you are certain to enjoy the open and friendly atmosphere and being a part of a process that is dedicated to what matters most—our children! See separate articles on the proposed budget and slate of officers.



5th Grade **BAND** Students and Parents:

Keep on practicing! Our final concert is almost here!!

EXTRA REHEARSALS

For ALL STUDENTS:

Friday, May 8 Thursday, May 14 Tuesday, May 19

Band & Orchestra Combined Concert:

Tuesday, May 19th, 6:30 pm H.S. Auditorium. Admission is Free!

> Students must be present for the final concert.

Parents: All students have been working very hard. You are going to hear some incredible music! See you there!



4th GRADE STUDENTS AND PARENTS:

A few weeks ago, all 4th graders received an informational sheet about the band and orchestra opportunity from Mrs. Gary.

4th graders will see an orchestra presentation in school to learn more about orchestra on May 21st If your child is interested in joining after seeing the presentation, please come to the Orchestra Sign-Up Night on Wednesday, May 27

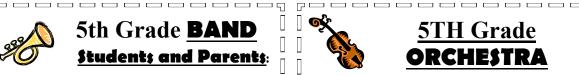
from 3:30-6:30 pm at Luther Elementary.

This is an "Open House" format with Informational Meetings held at either 3:30 or 5:30 pm. A Spanish-speaking Interpreter will be available from 5:00-6:00 pm.

Orchestra begins in summer school for participating students, but it is also possible to begin at the start of the 2014-15 school year. Band begins during second quarter of the 2015-2016 school year.

Thank you!!!

Mrs. Gary, 5th Grade Band/Strings 920-563-7828 Ext. 6101



П

П

П

П

П П

П П

П

П

П

П

Π

5TH Grade

Students and Parents:

Keep on practicing! We have TWO big concerts left!

EXTRA REHEARSALS

For ALL STUDENTS:

Friday, May 8 Thursday, May 14 Tuesday, May 19

5th Grade Band & Orchestra **Combined Concert:**

Tuesday, May 19th, 6:30 pm H. S. Auditorium. Admission is Free!

Final 5th-12th Grade Orchestra Concert: (The String Festival)

Thursday, May 28th—7:00 pm -H. S. Auditorium. Admission is free!

Students must be present for the final concert.

Parents: All students have been working very hard. You are going to hear some incredible music! See you there!

ARBOR DAY TREE

Once again all fourth graders received a tree from State nurseries. Hopefully students selected a planting location that enabled the trees to thrive i.e. away from foot traffic, lawn mowers, etc.



BAND BOOSTER MEETING

All parents of students participating in the band are automatically considered "Band Booster" members, and are

welcome at all booster Meetings! Our LAST meeting is:

Wednesday, May 27th 6:30 pm—High School Music Pod

We hope to have parents in attendance representing students from each grade level, so we hope to see you there!



5TH GRADE BAND AND ORCHESTRA STUDENTS:

Don't let those instruments collect dust!

Sign up for summer lessons—only SIX lessons, but every lesson will help you remember all that we have learned this year! Please go to www.fortschools.org and go to the Summer School link.

If you have any questions about summer lessons, please feel free to contact Mrs. Gary at garyj@fortschools.org or at 563-7828 ext. 6101.

Have a great summer!

New Vaccine Requirement; for Student; for the 2015-2016 School Year



Changes in the Wisconsin Student Immunization law now require a dose of Tdap vaccine in students entering the 6th grade. Parents are required to have their children vaccinated or claim a waiver.

Tdap is the adolescent combination vaccine that protects against tetanus, diphtheria, pertussis (whooping cough). One dose is required.

Exceptions to the Tdap requirements:

• Tdap vaccine – If your child received a tetanus-containing vaccine (such as Td vaccine after an injury) within the last 5 years of entering the grade it is required, your child is compliant and the Tdap vaccine is not required.

Forms and additional information:

• Additional information and a Student Immunization Record form will be mailed in June to all students entering 6th grade in the fall.

Questions:

• Call the School Nurse Office at 563.7805.

Purdy Parent Teacher Organization Meeting Minutes

Instructional Materials Center (IMC)

April 14, 2015 6:30 PM

Present: Mary Lynn Vaillancourt, Maggie Messler, Heather Hartwig, Peter Ready, Leigh Ann Scheuerell, Nick Hamele, Amy Oakley, Rodger Thomann

Treasurer's Report: Checking Account Balance \$1,893.85 Savings Account Balance \$990.55

School Board Meeting Update: Leigh Ann presented information on the last school board meeting.

Spiritwear- The second and final round of Spiritwear orders for the school year were delivered last week Friday. We received about \$60 in profit from this sale. Discussions surrounding another fun item for next year's selection was discussed.

Market Day Update: The next delivery will be on Thursday. Mary Lynn contacted all those picking up and confirmed that it wouldn't be a problem to pay with a check. It looks like it shouldn't be a problem to ask parents to pay either online in advance when they place their order or pay by check at time of pick up. Next sale will have a bonus sale of Pizzas and Cookie Dough. Maggie will post a reminder of the sale on the Purdy PTO Facebook page next week.

Flower Sale- Order deadline was extended until Friday, April 17. As of today, we only had \$424 in orders. Michelle will need volunteers to help with unloading the truck and pick up.

Book Fair: 4 metal cases full of books and 2 empty cases will be delivered in preparation for the sale this Friday. The empty cases can be filled with books and should eliminate the need for extra tables. Book fair will be set up at the end of the music hallway. Rachel is coordinating volunteers from UW-Whitewater to help work the sale.

Artist in Residence CD Sale/Arts Festival: CD order forms have been sent home and will be available at the Arts Festival. A limited number of CDs will be available for purchase that evening. CD's will be available for \$5, which will net approximately a \$3 profit per CD to help support the PTO budget. Ms. Kosak is hosting a design contest for the cover of the CD, which ends Friday. Heather and Maggie will help cover the sale table. It was suggested to have Market Day reminders and Scrip available that night as well.

Parent Survey/Volunteer Recruitment: Maggie sent around a sample of the survey created on Survey Monkey. Feedback was shared regarding the questions and the survey will be modified and sent out on Facebook and through the Purdy e-mail blast. Volunteer recruitment for next year will be "sponsorship" by different grades for different events in hopes that more parents will volunteer with the knowledge it is a time-limited commitment.

Budget for 2015-2016: Maggie, Leigh Ann and Heather met after spring break to draft the budget for 2015-2016. Proposed budget is \$16,150, which is down from this year. Proposed budget will be shared in the monthly newsletter for review and will be voted on at May's meeting.

Board/Chairperson Positions Available for 2015-2016: Availability for positions will be posted in newsletter. At this time, board positions appear to remain the same. Proposed positions will be shared in the monthly newsletter for review and will be voted on at May's meeting. Anyone interested in any position on the board or as a chairperson will be welcomed. Interested parties can contact Maggie Messler at 728-0383 or magsmess@yahoo.com

Other: Amy Oakley presented information on changes to the summer school enrollment process. Big changes are aimed at making this process much less intense and frustrating for parents and children; including online registration and students getting the courses they want. Information will be sent home to parents in their child's folder before the end of the month.

Discussion was held regarding hosting another end of the year picnic. PTO will search for parents who would be interested in leading this event and more discussion will take place at the next meeting.

Next Meeting: May 19, 2015 at 6:30 p.m.

2014-2015 VOLUNTEER\$ AT PURDY



Thank you to our valuable volunteers for the hours of help you have given staff and students at Purdy School!

Parents/Staff

Marlene Atkinson Christine Bachhuber Jolun Baldru Chris Barry Wendy Begovatz Dawn Blackwell Patty Brain Rachel Broadhead Michelle Brown Alexandra Bull Wendy Byrnes **Brenda Carter** Jen Christiansen Tricia Christianson

Rachel Ciuffo Cathy Daly Mike de Groot Traci de Groot Michelle De Mott Sue Deuster Sarah Dewing Jill Draeger **Brandon Duvall** Michelle Eames Lacy Edwards Brian Enger Melissa Enger Deb Erhardt Crystal Eske Jessica Firkus Jackie Flack Kristin Gosda James Goutcher Ashley Green Michelle Green

Deyssi Guerson

Gloria Guthrie

Mark Gustin

Pam Gustin

Wendy Haagensen Jamie Hahn Rebecca Hakenson Kristin Halverson **Chester Harris Heather Hartwig** Tammy Hedrick Kim Heine Melissa Hembree **Betty Herdendorf** Allen Hesselbacher Beth Hesselbacher Karen Hetts Marti Hilderbrand Kris Hofer Lisa Hollenberger

Melissa Jaquity

Wendy Janecek

Jeff Jensen

Kristin Ketterhagen Chris Ketterhagen Ken Kolodzne Kim Kramer Teresa Krueger Julie Kusel Kathy Leum Karen Liebmann Nancy Leisaana Rachel Lehmann Marilun Loveiou Justin Luebke Kim Luebke

Patricia Lupiezowiec

Jody Mack Rachel Marinez Katie McInture Rebecca Marx Tanya Marx Amalee McGowan Maggie Messler Melissa Miller Jessica Mireck Amy Mrozinski Sergio Noh **Amy Oakley** Jay Oakley Alice Ontiveros Kelly Opperman Shanon Paavo Leslie Paske Tracy Percival Rebecca Peters Maria Peters Melissa Peterson **Caitlin Potter** Jessica Preuss Rachel Quinn Fallon Ready Pete Ready Betty Reyna Jay Rogers Tara Rogers

Jan Rusch Erica Saldana Raquel Sauby Leigh Ann Scheuerell Marcia Schueller **Brad Schroed** John Schwarz Sally Schwarz Jinnie Severin Nick Siglinsky Jim Smiley Jeanne Starr Jeni Staude Kari Stricker Mike Stricker **Christian Toth**

Mary Lynn Vaillancourt Mary Walden Laurie Weber Heidi Wegner Abigael Wolfmeyer Amanda Zimmerman

Students - UWW FT50

Amber Ball Alex Bull Marissa Dachs Jenna Hoeffert Dorshe' Jackson Benjamin Johnson Renee Lenda Andrea Miller Nikki Rickert Tara Rogers

Students - FAHS

Savannah Bakken Caleb Basu Luke Burlingame Julissa Butista Perez Tom Compas **Taylor Dehner** David Ebben Jessica Freels Kylie Frohmader **Taylor Garlock** Sarah Hunter Sierra Johnsrud **Brian McCullough** Isaac Reeb Kendra Riaas Kirsten Ruud Kory Scherer Kyle Schneider Samantha Schwartz **Grace Shockman** Christina Smithyman Renee Stiemke Michaela Stelse Rachel Stoutenborough Lynn Stock Ben Stockton Vail Strieter Rachel Stoutenborough **Brittany Sykes**

Students -Purdy

Alexis Timmel

Jack Broadhead Mitch Broadhead Monica Broadhead Michaela de Groot Carter Hill



To Snack or Not to Snack?

By Vicki Hayes

Snacking is a fact of life in our culture. Snacking can help Do you find yourself losing and gaining the same ten us get important nutrients throughout the day. When to twenty pounds over the years? That is called yo-yo choosing healthy snacks it is important to think about dieting. Mindful eating might be the answer to balance, variety and moderation. Fueling our body and I breaking that cycle. No need to be "on a diet" and I brain throughout the day keeps us strong and alert. I feel deprived and frustrated. Instead of cutting out snacking why not make some simple swaps that our body will thank us for?

In my role as a health educator, I was fortunate to talk with experts in the field of nutrition. One registered dietitian gave the following advice on choosing healthful | | These questions can help you understand the issues snacks. He suggested limiting the "five 'C' foods" when it came to snacking: cookies, candy, cake, crackers and | what and how much you eat, but why you eat in the chips. That made a lot of sense to me as many of those snacks are highly processed; full of sugar, trans-fats, I hungry?" True hunger signals are gnawing, growling saturated fat and sodium. Don't get me wrong, I still or rumbling in the stomach, weakness or loss of energy, enjoy some of those snacks occasionally but I find myself slight headache or trouble concentrating, irritability or I making some simple swaps more regularly.

When you find yourself craving something sweet, instead of reaching for the cookies, candy or cake, try fresh fruit such as grapes, strawberries, blueberries, pineapple or I then you ask the second question, "What do I want?" apples. They can be eaten alone or dipped in a low-fat yogurt (remember to check the yogurt label to ensure | I mind. The next question is "What do I need?" Think of you have selected a brand that is low in sugar). Kids can have fun making fruit kabobs. Also, make your own "good" or "bad". Planning ahead to have a variety of smoothie with fresh fruit for a change of pace. If bananas are getting too ripe to eat, peel and freeze I them for later use in a fruit smoothie. For other sweet • simple swaps, there are many varieties of yogurt bars and fruit juice popsicles in the freezer section at the grocery store.

If it is something crunchy and salty you are craving, how about some of these options instead of the chips and I Academy of Family Physicians are to eat from smaller crackers? Crunchy vegetables such as carrots, cucumbers, snow peas and celery dipped in hummus, bean dip, salsa I or peanut butter. Try some black bean chips with salsa. A dill pickle spear can help with that crunchy, salty supersize your drink. Also, you do not have to clean craving. A handful of nuts such as walnuts, almonds, pistachios, etc. can make a nutritious snack. Dry roasted leating and really enjoy the taste, flavor, texture and edamame might be something new to try. Kids can have a aroma of the food. Slow down your eating by putting fun making their own English muffin pizzas with a syour eating utensil down between bites and join in the variety of vegetable toppings like peppers and conversation at the table. Also, do not let yourself get mushrooms. Peanut butter and rice cakes can be a too hungry before you eat and have a relaxed quick snack. If you want a zip to your popcorn, try three I attitude about your eating. cups of popcorn with 2 Tbsp. of grated parmesan cheese, a little chili powder and pinch of cayenne pepper.

When choosing snacks ask yourself, "does this snack have I some nutrients that will fuel my body to keep me strong can determine how much and when to eat. Make and alert?" The choices are limitless. Have fun coming mindful decisions about eating by paying attention to up with new and creative snacks that your entire family how you feel. Trust your body to tell you when and can enjoy. So the answer to the question, "To snack or how much food it needs. Instead of obsessing over not to snack?" is a resounding yes to snacking. Make some simple swaps away from the "C" foods. Your body and down on the scale, relax and enjoy your food! will love you for it.

SWAP FROM MINDLESS TO MINDFUL

By Vicki Hayes

Do you find yourself losing and gaining the same ten

The American Academy of Family Physicians . • recommends using your personal Eating Cycle to I I become more mindful of your eating choices. There • are five questions that help establish the Eating Cycle. that affect your eating decisions in regards to not only first place. The first question in the Eating Cycle is "Am crankiness. False hunger signals are thirst (you think you are hungry when actually you are thirsty), I cravings, emotions and external cues such as mealtime • or social events. If the answer is yes to "Am I hungry?" I * Maybe a certain food, flavor or texture will come to foods that are both healthy and enjoyable instead of foods that are both satisfying and healthy will help to answer the forth question, "What do I have?" The final question is "How much do I need?" Eat enough to satisfy your hunger and stop eating before you feel too Ifull. The goal is to feel energetic and comfortable. after eating.

Other simple swaps suggested by The American plates and bowls, use smaller serving spoons, put food 1 on a plate or in a bowl instead of eating straight from the bag, buy food in smaller containers and do not your plate if you are full. Focus on what you are your eating utensil down between bites and join in the too hungry before you eat and have a relaxed !

Being "on a diet" implies that at some point you will go "off the diet". Instead, let your instincts be your guide. Learn to listen to your hunger signals so you

MAY 2015

ELEMENTARY BREAKFAST OR Cereal & Cheese Stick All meals come with fruit All meals come with fruit All meals come with fruit Egg & Cheese Sandwich All meals come with fruit All meals come with fruit Egg & Cheese Sandwich EARLY RELEASE Z Breakfast Bread Pancake on a Stick Oatmeal Round juice and milk Mini Bagels & Cream Cheese OR Cereal & Cheese Stick All meals come with fruit **Breakfast Pizza** juice and milk juice and milk Mini Pancakes juice and milk juice and milk Mini Cinnis Mini Bagels & Cream Cheese OR Cereal & Cheese Stick All meals come with fruit Pancake on a Stick Eat a healthy breakfast! Mini Pancakes juice and milk juice and milk juice and milk Banana Bread juice and milk Wednesday OPPORTUNITY PROVIDER & Build Your Own Yogurt Parfait If your family qualifies for free OR Cereal & Cheese Stick OR Cereal & Cheese Stick OR Cereal & Cheese Stick or reduced lunch, they also qualify for free or reduced OR Cereal & Cheese Stick All meals come with fruit Hot Oatmeal & Muffin USDA IS AN EQUAL Breakfast Pizza juice and milk juice and milk juice and milk juice and milk EMPLOYER Mini Cinnis breakfast! Tuesday Milk - \$0.35 (included with meal) Skim and 1% Milk served daily. Build Your Own Yogurt Parfait OR Cereal & Cheese Stick OR Cereal & Cheese Stick OR Cereal & Cheese Stick All meals come with fruit All meals come with fruit All meals come with fruit Hot Oatmeal & Muffin Menu subject to change *May contain pork MEAL PRICES juice and milk WG Poptarts juice and milk juice and milk Adults-\$1.80 6-12 -\$1.45 K-5-\$1.40 Monday

WE THINK BREAKFAST BECAUSE YOUR KIDS CAN'T THINK WITHOUT IT

MAY 2015

| MAY 2015 | | ELE | ELEMENTARY LUNCH | UNCH |
|---|---|---|-----------------------------------|-----------------------------|
| Monday | Tuesday | Wednesday | Thursday | Friday |
| MEAL PRICES K-5-\$2.50 daily, \$11.75 wkly | THIS INSTITUTION IS AN EOUAL OPPORTUNITY | 6 | 3 | I EARLY RELEASE |
| 6-12 -\$2.75 daily; \$12.75 wkly | PROVIDER & EMPLOYER | | | No. 1 Mary 100 |
| Milk - \$0.35 | * - May contain pork | | | Employee Week |
| | + - May contain peanuts | | 3 | May 4-8 |
| It you quality for tree or reduced lunch, you also qualify for free or | #Vegetarian option Skim and 1% Milk served daily | -0- | | THANK YOUR FAVORITE |
| reduced breakfast! | Menu Subject to Change | A Commence of the Commence of | | LUNCH LADIES! |
| 4 | S | 9 | 7 | 8 |
| Mini Corn Puppies | CINCO DE MAYO | Baked Potato w/Ham & Cheese | Turkey & Gravy | Chicken Sandwich |
| OR +PBJ & Cheese Stick | Chicken Quesadilla | Warm Breadstick | Dinner Roll | OR +PBJ & Cheese Stick |
| Steamed Green Beans | OR Ham Sandwich | OR Turkey Wrap | OR #Warm Cheese Melt | McCain Garlic Fries |
| Mandaria Orango | Kerned Beans, Steamed Corn | Broccoli Trees with Kanch | Mashed Potatoes | Fresh Veggies & Dip |
| 100% Fruit Juice Cup | Mini Cookies | Sliced Apples | Cranberry Sauce | Ice Cream Our |
| 11 | 12 | 13 | 14 | 15 |
| MEATLESS MONDAY | Cheeseburger | Pasta & Meat Sauce | Popcorn Chicken | *Nachos with Meat & #Cheese |
| #Cheese Quesadilla | OR Ham Sandwich | Shredded Cheese | Dinner Roll | OR +PBJ & Cheese Stick |
| OR +PBJ & Cheese Stick | Baked Sweet Potatoes | Warm Breadstick | OR #Warm Cheese Melt | Tossed Salad |
| Broccoli Trees & Ranch | Baked Beans | OR Turkey Wrap | Mashed Potatoes & Gravy | Red Pepper Slices |
| 100% Wango Mango Cup | Applesance | Green Beans | Steamed Corn | Fruit Juice Slushy |
| Pineapple Chunks | Rice Krispie Treat | Banana | Orange Slices | |
| 18 | 19 | 20 | 21 | 22 |
| MEATLESS MONDAY | Salisbury Steak | *Soft Shell Tacos | LOVE YOUR ANIMAL DAY | Chicken Alfredo Pasta |
| #Stuffed Cheese Sticks | Dinner Roll | #Tacos made with Beans | Zoo Crew Chicken Nuggets | Warm Breadstick |
| Marinara Sauce | OR Ham Sandwich | OR Turkey Wrap | OR #Warm Cheese Melt | OR +PBJ & Cheese Stick |
| OK +PBJ & Cheese Stick | Mashed Potatoes | Retried Beans | Puppy Pasta Salad | WI Blend Veggies |
| Descon Punch | 100% Grana Inica Cun | Mondarin Organia | Carte Engages CP AISING | Amela Stices |
| Applesance | Chocolate Chip Cookie | CARTING III CARTING | Animal Crackers | esper order |
| 25 | 26 | 27 | 28 | 29 |
| MEMORIAL DAY | *Shredded BBQ Pork | #Cheese Pizza | Boneless Chicken Drummies | "Hot Dog on a WG Bun |
| la la | Sandwich | OR Turkey Wrap | OR #Warm Cheese Melt | OR +PBJ & Cheese Stick |
| Mark you fet your service | OK Ham Sandwich | lossed Salad | Chicken Couscous | Baked Beans |
| | Daked French Fries 100% Apple Juice | Ked Pepper Slices | CA Blend Vegetables Orange Slices | Sweet Potato Fries |
| God will always be remembered. | Chocolate Brownie | Fruit Juice Slushy | | |
| | | | | |
| | | | | |

FORT ATKINSON STUDENT NUTRITION - PART OF A BALANCED EDUCATION!